

Outlook Newsletter

July 2014
Edition 17
CNF:13805



Just a reminder of our new number : 0438 906 617

Burns survivor Turia Pitt features on the cover of Women's Weekly

TURIA Pitt has been to hell and back, but ask her how she feels about the cards she's been dealt and her answer will astound you. The burns survivor who was caught in a bushfire three years ago during an ultra-marathon in the Kimberley, Western Australia, features on the cover of next month's *The Australian Women's Weekly*.

And her words are just as powerful as the beautiful image on the front.

"I don't think I have done anything inspiring," says the 26-year-old when asked if she has a sense of how impressive she is.

"I'm just getting on with my life. We should all be making the most out of whatever circumstances we have all been dealt in life. You only have one life to live after all. You can sit around and feel sorry for yourself or you can get on with it. I just choose to get on with it.

"I honestly feel like the luckiest girl in the world."

Pitt who is part of *The Weekly's* Women of The Future judging panel says her perception of beauty has also been redefined.

"Beauty is how we carry ourselves. It's walking tall and looking people in the eye, and having confidence in yourself. That's what makes a woman beautiful.



"We are all so much more than our bodies. At first it was hard to go out in public and have people stare at me. But I had to do it, otherwise I was giving in and letting this accident define and defeat me.

Pitt continually leaves anyone who meets her in awe.

"Any attempt to describe the magic and beauty of Turia seems to get lost in platitudes or cliches," editor Helen McCabe wrote on the magazine's website.

"Yet I have never met a more remarkable person."

Commentator Kate Leaver also remarked on women's website Mamamia that the cover would have a profound impact.

"It will start conversations among people — especially curious children — who will want to know what happened to Turia.

"And it will give parents a chance to talk to their kids about bravery and strength and courage and about beauty being so much more than what you see on the outside."

Inspiring article courtesy of the Courier Mail, Brisbane.

Burns Support Foundation

PO Box 476
Paddington NSW 2021

Phone: 0438 906 617

Like us under **Burns Support Foundation** on Facebook to keep up to date on all the latest happenings.



All the details for our upcoming camp are on the invitation attached.
Don't forget to pencil in our **Winter Family Camp Dates: 22nd-24th May 2015**

City to Surf 2014—Letter from our sponsors



I have decided to participate once again in the annual City2Surf Challenge with Boyce Chartered Accountants team.

Our Boyce team have elected to continue to support the Burns Support Foundation—a non-profit organisation established in 1990 and receives no government funding. The BSF relies on fundraising efforts (such as raffles and donations) to continue operating. It is managed by burn survivors, relatives of burn survivors and professional staff working for the NSW Severe Burn Injury Service who volunteer their time. The BSF is open to all survivors and their families.



I know that you probably received an email from me last year about supporting me in this challenge, again I am asking you to dig deep and do it again. As a burn survivor I have experienced firsthand how important these camps are to the individual and also the immediate family. I have included some photos of the camp that I attended a few weeks ago of some of the activities that the individuals participate in and also the counselling sessions that take place during the camp. Boyce have funded these bi-annual camps for the last 2 years and hopefully we can do it again this year.

There are many fundraising activities occurring around the Boyce offices where all the staff are getting behind and showing their support.

I would appreciate if you could support us by making a donation (all donations will be gratefully received as every dollar helps).

Go to the our Fundraising pages at
<https://city2surf2014.everydayhero.com/au/boyce-chartered-accountants>



Click on GIVE NOW and select my name (Julie Schofield). All donations are tax deductible so will be good for your tax return.

The Burns Support Foundation relies entirely on donations and bequests. So let's do our best to help this organisation continue its great work.

Please make sure to mention it to all your friends, family and colleagues—everyone is welcome to join the Boyce 2014 City2Surf team and help us raise much needed funds for The Burns Support Foundation.

Annual General Meeting

The Burns Support is holding their Annual General Meeting in November 2014.

All details are below.

Date: Tues, 18 November 2014

Location: Westmead Children's Hospital Physio Department

Time: 6pm

Annual Committee Fee: \$5.00

Light refreshments will be available and all new members are welcome to join.

Winter Family Camp Fun

A lot of fun was had at the Winter Family camp in 2014 at Stanwell Tops! We enjoyed glorious sunshine and many fantastic activities for the whole family !



Thank you to the Neal's!

A big THANK YOU to Oskar who helped raise money for the BSF by holding a stall at the Sole Parent Expo! We are very grateful for his efforts!

Also, a big congratulation to Oskar's mum Jacky who is a sole parent and wrote a book called Survivor Guide for Sole Parents which was launched at the Expo. We hope it was a roaring success!



Like to volunteer with our Committee?

We meet about 5 times per year at the Children's Hospital in Westmead. Please contact us if you would be interested in volunteering your time.

Live on the central coast?

You may like to join the CCBSSG Meetings which are an opportunity for burns survivors and their families to tell their stories and meet with others in their situation. Details can be found at <http://ccbssg.com/>

Donations

Thank you to all those who kindly donated to our Foundation.

Leanne Newson
Mrs E Valentine
Boyce Chartered Accountants
GJ & JI Miller

INVITATION CAMP CORROBORREE



Newsflash!

Light supper will be available
on Friday from 6pm.

Friday Fun Festivities begin at 7pm -

Important Info

CAMP COST:

Adult (13yrs & up): \$80

Child: (8yrs - 12 yrs) \$60

4 yrs - 7 yrs: \$40

3yrs & under: free

Non -Related:

(12 yrs & over): \$200

(4 to 12 years): \$150

3yrs & under: free

HOLDING DEPOSIT

Deposit \$20.00 per person
(**NON-REFUNDABLE**).

Deposit must be paid by
15th September 2014

Due to high demand, we have
limited spaces and can only se-
cure your booking with your
FULL deposit. (e.g. Family of 5
people to send \$100.00 as
holding deposit)

ROOM ALLOCATION

Due to popularity, we may ask
extended family members to
share a room.

ACTIVITIES MAY INCLUDE

High ropes, Abseiling, Table Ten-
nis, Archery, Indoor rock climb-
ing, and sessions with Sandra
Spalding (Emotional
Support Coordinator).

Burns Support Foundation

invites you to the second Family
Camp of 2014. We have fun and
exciting activities on offer or
you may choose quiet relaxation
and contemplation. Whatever
your preference we guarantee
that you will meet some won-
derful folk and possibly make some
special friends.

We aim for an accepting and caring
environment. The Burns Support
Foundation's next family camp is at:

Galston Gorge

8 Crusader Road, Galston NSW 2159
<http://www.crusaders.edu.au/>

Camp dates :

Friday, 17th — Sunday, 19th October 2014

QUERIES: Toll Free: 0438 906 617 OR Email:

info@burnssupportfoundation.org.au

Just a reminder of our new number : 0438 906 617

Securing your place at the camp

Please complete the **form below** with the names and age of each family member.
Please specify the **Burn survivor** and a contact phone number .

An Information Pack will be sent upon receipt so get in early and pay your deposit
so you don't miss out on this weekend of fun.

Please return the below application form

Application Form—Galston Gorge 2014

Please add any additional names if required

Survivor Name.....**Age:**

Name.....**Age:**

Name.....**Age:**

Name.....**Age:**

Name.....**Age:**

Name.....**Age:**

Address.....

Phone number: (H)..... (M).....

Email Address:

Next of Kin: **Ph:**

Amount: \$..... being forpeople.

Please make cheques payable to the **Burns Support Foundation**.

Or EFT to **BSB: 112-879 Account: 155731431**

Or **Type of Card:** Visa Mastercard (circle one)

Card number: **Expiry:**

Cardholder's Name:

Signature:

Please post to PO Box 476, Paddington NSW 2021 or scan and email to;
info@burnssupportfoundation.org.au

Jul 2014