



OUTLOOK

BURNS SUPPORT FOUNDATION

February 2011 Issue 10

Quote for the month

“Most of the shadows of this life are caused by our standing in our own sunshine ”

~RALPH WALDO EMERSON

If you would like to sell Camp Raffle Tickets on behalf of the BSF, please contact us. Your support is much appreciated.

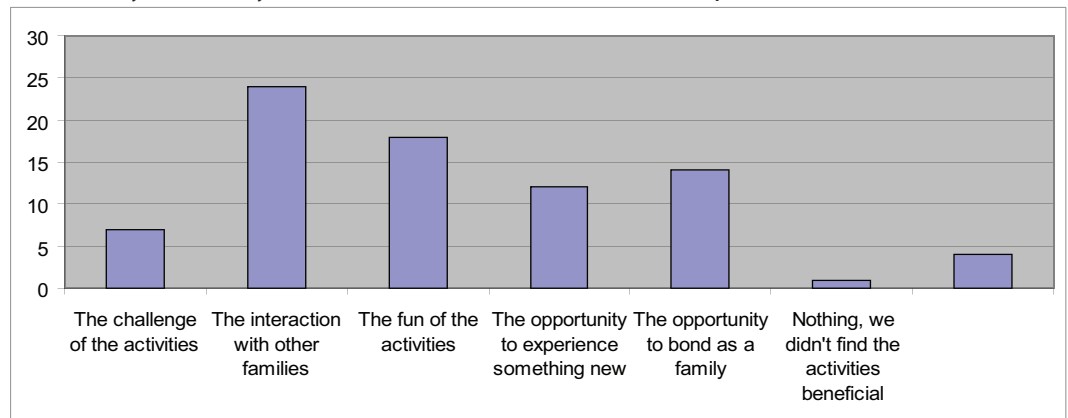


If you have any stories or photos you would like to share, please contact the Foundation.

Have your say...

Thank you to all those who provides us with feedback for our family camps. We appreciate the time you take in letting us know what works and what improvements we can make to continue making the Camps fun for everyone. Your feedback is vital in helping us fundraise to keep our camps going. Some results are shared below from our Summer Camp @ Galston Gorge.

What did your family find most beneficial about the camp activities?



General Feedback

~I can't express how valuable these camps are to my family. My daughter still has a long way to go and these camps are a chance for her to play with other children who are going through the same or similar thing~

~Love watching the kids interact without inhibitions~

~ The benefit of hearing and being able to relate to other peoples experiences, the understanding and bonds formed with parents in similar circumstances and the help and advice given by Sandra and her knowledge and insight is highly beneficial~

~For emotional support and sharing our experience with other families to help them and us understand the different stages of healing~

~ To meet families who you haven't met before and hear their story. To listen and learn what ever is discussed at the meeting. Even if you are not as far along it is good to hear what we could experience later in our own journey.



Sponsors of the BSF Camps

Thank you to the Day of Difference for their support with our Family camps.

Burns Support Foundation

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www.burnssupportfoundation.org.au

ABN 58 794 510 947 CNF 13805

The Winner Is...

Congratulations to our raffle winners drawn at our Summer Camp.

1st Prize
Ticket Number: 1580
Name: Sandy Meoli

2nd Prize
Ticket Number: 1137
Name: Tina:

3rd Prize
Ticket Number: 1308
Name: Mark Brown

Donations

All donations to the Burns Support Foundation over \$2.00 are tax deductible. Please help our Foundation grow by donating as little or as much as you can. Thank you to all our anonymous donors. Please contact us should you require a receipt.

Camp Cooee

If you have a child who is a survivor aged 10 to 18, they can attend the Westmead Children's Hospital annual camp. Please contact Cheri on (02) 9845 3369 for further details

Thank you to those who donated

Sandra Pittaro
MJ & EL Creevey
D. Whitmont.

Tips for Burn Prevention

While there may be times when accidents do occur, trying to minimize the possibility of accidents that may cause burns is doable. Following some safety tips to help decrease the danger of burns in your household can be done with these ideas:

- Fire safety is important in every home. This is why installing smoke detectors in your home is a good idea. Checking periodically if your smoke detectors are working is also a must.
- Some people may think it unnecessary but those who know the danger of home fires know that it is important to try and teach your family about what needs to be done in case of a fire.
- Cleaning out fireplaces and stoves regularly to remove the buildup of combustible substances like grease is also a good preventive measure.
- Faulty electric wiring can also cause fires to erupt in homes. Having your wires checked periodically for problems is also advisable, preferably at least every five to ten years.
- When cooking, always follow safety procedures in the kitchen like keeping pot handles safely away from the edge where people may hit them.
- When handling hot water, care should be exercised. When bathing, test the water first before getting in. The same care should be exercised when making and drinking hot beverages.

Congratulations to Allison & Paul Anel

Allison is our very own First Aid Officer and she married Paul Anel on a gorgeous Spring day in September 2010.

It was an intimate wedding held at Woollooware Golf Club with lots of family coming from near and far.

We wish them both all the very best in their new life together.



Get to know the committee Allison Anel



Loves: to take long walks along the esplanade @ Cronulla with my husband Paul. Going to the Gym, riding my bike and going for swims down the beach.

Achievements: I am recently married to Paul my lovely Husband, I have finished uni and am an Early Childhood teacher and we are currently looking to purchase our first home

If we didn't live here it would be.. We would love to live somewhere where you could both go to the beach one day and the snow the next.

How would friends describe us? Friends would say that we are a normal couple, who likes to help others

What are we looking forward to? We are looking forward to starting our own family and opening up our own small child care centre.

Meet the team

President: Cheri Templeton
Treasury: Barry Lowe
Camp Coordinator: Carolyn Robb
Vice President/Editor/Secretary: Sandra Pittaro
Camp Support: Jan Bullen
Camp Support/Fundraising: Kate Mayne

Emotional Support Coordinator: Sandra Spalding
Medical Coordinator: Hugh Martin
OHS officer: Margaret Jackson
Public Officer & Returning Officer: Frank Pritchett
First Aid Officers: Margaret Jackson
Allison Anel
Committee Member Gale Pritchett

We all enjoyed some great sunshine and hope you had a great time at the Summer Family Camp held at Galston Gorge

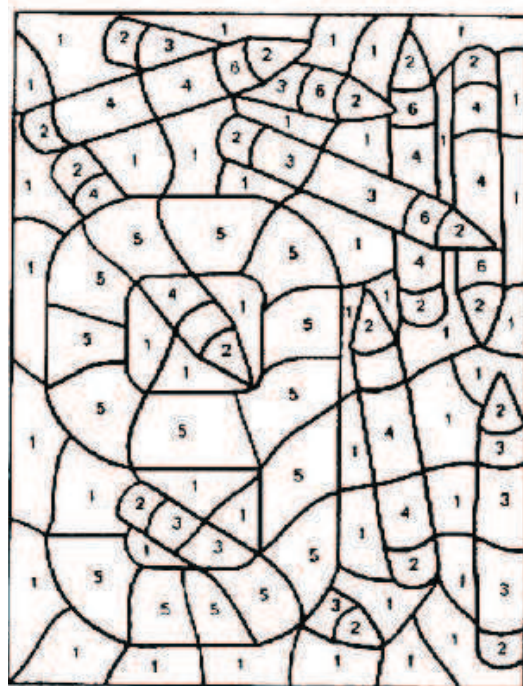
Camp Corroborree Summer Camp 2010



1-brown 2-yellow 3-orange 4-red
5-white 6-black 7-blue

Colour by Numbers

Use the numbers below to colour in the squares and reveal a picture



1-yellow 2-red 3-blue 4-green 5-purple
6-pink